



<b>Morning Sharing 1A 22-23 (22/5/2023)</b>	
A+B:	Good morning Principals, teachers and fellow schoolmates.
A:	I'm Ivan from 1A.
B:	I'm Alvin, also from 1A.
A:	Alvin, Do you know what is?
B:	Yes, I know. Track cycling is jumping on a bike that has no brake and a tiny saddle, and then racing around a track at terrifying speed, that is pedalling at 110-130 revolutions per minute. This can really make your muscles scream!
A:	Wow, that's really exciting. So, Alvin, do you know any famous cyclists in Hong Kong?
B:	Um...I am not sure. Can you tell me some?
A:	Of course, world champion cyclists Wong Kam-po and Sarah Lee Wai-sze are two local success stories that have raised the profile of track cycling in Hong Kong. They are both great role models. Sarah Lee is particularly inspiring as she brought home Hong Kong's first Olympic bronze medal in cycling after competing in the keirin event at the London 2012 Games. She won a second Olympic bronze medal in the women's sprint at the 2020 Tokyo Olympics.
B:	So she is the first and only Hong Kong athlete to win medals in two different Olympic Games? That's amazing!
A:	By the way, do you know where the Velodrome is in Hong Kong?
B:	Sure! It is in Tseung Kwan O. This world-class velodrome has a 250-metre cycling track and seating for 3,000 spectators. If you have time, let's go there together!
A:	Okay!
A+B:	That's the end of our sharing, thank you!

